



*A Unit of ADHWANA (Reg. in 2002)

Viswas Counselling Program

Got a problem?

Need advice?

For appointments

Contact:

944 797 1846

**You're
not
alone.**

**It's OK
to ask
for help**

We live in a complex world, with ever increasing stress and strains. Covid 19 pandemic has placed unparalleled challenges and constraints on everyone irrespective of social, financial, educational or gender status.

A healthy mind and body are essential to live ahead coping with the problems and difficulties of life. This necessitates the professional support of trained and qualified counsellors.



It is here we intervene, operationalizing "Viswas Counselling Program", at Adhwana office, Parvathy Nagar, Menamkulam, Kazhakuttom, Trivandrum with the support and involvement of highly experienced and qualified counsellors in our panel.



Prior registration required for services.

Major Areas of Service

1. Child and Adolescent's Counselling
2. Youth Counselling
3. Education Counselling
4. Career Counselling
5. Marriage Counselling
6. Family Counselling
7. Geriatric Counselling
8. Spiritual Counselling
9. Motivation Counselling
10. Current Life Style Counselling

Senior Counsellors:

Dr. Mohan Raj, Ph.D (Counselling Interventions)

Dr. Ajay Kesavan, Ph.D (Psychology)

Ms. Lekha Georgy, M.A (Psychology)

Contact Us

Viswas Counselling Program
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Trivandrum - 695582

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